



TRAINING REPORT

07 DAYS TRAINING OF TRAINERS OF SOCIAL SECTOR CRPs

ON

***CLIMATE CHANGE ADAPTATION / RESILIENCE AND
COMMUNITY BASED DISASTER RISK MANAGEMENT
(CBDRM) UNDER NPGP***

FROM 26 DECEMBER 2022 TO 01 JANUARY 2023



SUBMITTED BY: SYEDA FARAH AMIN (CONSULTANT CAPACITY BUILDING CCA/DRR)

CONTENTS

ACRONYMS AND ABBREVIATIONS	5
EXECUTIVE SUMMARY	6
OBJECTIVES OF THE EVENT:	7
NAME OF RESOURCE PERSONS: (TOTAL: 02)	7
PARTICIPANTS OF THE TRAINING	7
SRSO FOCAL PERSON	7
TRAINING PROCEEDING DAY WISE:	8
DAY ONE	8
PARTICIPANTS REGISTRATION & RECITATION OF HOLY QURAN	8
INTRODUCTION OF THE FACILITATORS AND PARTICIPANTS /ICE BREAKING	8
EXPECTATIONS	8
NORMS SETTING	8
SESSION 1: OBJECTIVES OF TRAINING & PROJECT ORIENTATION	8
PRE TRAINING EVALUATION TEST	9
SESSION 2: OVERVIEW OF COVID 19 AND SOPS FOR TRAINING AND FIELD	9
<i>Video documentary:</i>	9
SESSION 3: IMPACTS OF DISASTER & CERC:	9
SESSION 4: DEFINING DRR AND TRENDS OF DISASTER AROUND THE GLOBE AND IN PAKISTAN	10
SESSION 5: TRENDS OF CLIMATE-INDUCED HAZARDS AND DISASTERS IN TARGET DISTRICT	10
SESSION 7: KEY CONCEPTS RELATED TO CLIMATE CHANGE AND DISASTER REDUCTION	10
<i>Assignment:</i>	11
DAY TWO	11
RECITATION FROM THE HOLY QURAN	11
REVIEW OF THE DAY 1	11
SESSION 8: IMPORTANCE & PROCESS OF CBDRM	11
SESSION 9: GENDER AND DISASTERS	11
SESSION 10: PARTICIPATORY RISK ASSESSMENT:	12
SESSION 11: NEED AND IMPORTANCE OF EARLY WARNING SYSTEM	12
SESSION 12: BASIC SEARCH, RESCUE AND EVACUATION	13
<i>Video Displaying & Practical Demonstration of Basic search and rescue Techniques:</i>	13
DAY THREE.....	13
RECITATION FROM THE HOLY QURAN	13
REVIEW OF THE DAY 2	13
SESSION 13: LINKAGES AND COORDINATION WITH GOVERNMENT DEPARTMENTS	13

SESSION 14: COMMUNITY BASED CLIMATE CHANGE ADAPTATION (CBCCA) AND MITIGATION ..	14
SESSION 15: IMPORTANCE AND NEED OF SOCIAL SAFETY NETS AND AVAILABLE INSTRUMENTS IN PAKISTAN.....	14
<i>Energizer:</i>	14
SESSION 16: PROMOTING CLIMATE RESILIENT LIVELIHOOD OPPORTUNITIES	15
SESSION 17: CLIMATE RESILIENT/SMART FARMING PRACTICES	15
SESSION 18: CROP DIVERSIFICATION AND INTRODUCTION OF FLOOD AND DROUGHT RESISTANT CROPS	15
DAY FOUR.....	16
RECITATION FROM THE HOLY QURAN	16
REVIEW OF THE DAY 3	16
SESSION 19: PROMOTION OF LEGUMES IN CROP ROTATIONS	16
SESSION 21: ALTERATIONS IN CROPPING PATTERNS AND ROTATIONS	17
SESSION 22: HOME BASED KITCHEN GARDENING	17
SESSION 23: WATER HARVESTING, CONSERVATION, & MANAGEMENT	17
DAY FIVE	18
RECITATION FROM THE HOLY QURAN	18
REVIEW OF THE DAY 4	18
SESSION 25: CLIMATE RESILIENT LIVESTOCK MANAGEMENT STRATEGIES	18
SESSION 26: IMPROVED FEEDING TECHNIQUES AND FODDER MANAGEMENT	18
SESSION 27: BREED IMPROVEMENT/DIVERSIFICATION	19
DAY SIX	19
RECITATION FROM THE HOLY QURAN	19
REVIEW OF THE DAY 5	19
SESSION 28: VACCINATION AND DEWORMING.....	19
SESSION 29: SAFE AND DESCENT FARMING.....	19
SESSION 30: RANGELAND AND PASTURE MANAGEMENT FOCUSING ON CYCLIC GRAZING	20
DAY SEVEN	20
RECITATION FROM THE HOLY QURAN	20
REVIEW OF THE DAY 6	20
SESSION 31: TRAININGS AT FIELD LEVEL AND TRAINING CYCLE	20
FIELD TRAINING PLAN FORMATION	20
PARTICIPANTS ASSESSMENT BY TRAINER	21
PRE-POST TEST ANALYSIS	25
EVENT EVALUATION & PARTICIPANTS FEED BACK	28
CLOSING CEREMONY	31

AGENDA 32
TRAINING ATTENDANCE: 42
PICTURE GALLERY 44

ACRONYMS AND ABBREVIATIONS

BISP	Benazir Income Support Program
CBDRM	Community Based Disaster Risk Management
CCA	Climate Change Adaptation
CERC	Crisis & Emergency Risk Communication
CI	Community Institutes
COVID-19	Corona Virus Disease 2019
CRPs	Community Resource Persons
DRR	Disaster Risk Reduction
HH	House Hold
IEC	Information Education Communication
IFAD	International Fund for Agriculture Development
IFL	Interest Free Loan
M&E	Monitoring & Evaluation
NGO	Non-Governmental Organization
NPGP	National Poverty Graduation Program
PIM	Project Implementation Manual
PMU	Project Management Unit
POs	Partner Organizations
PPAF	Pakistan Poverty Alleviation Fund
SRSO	Sindh Rural Support Organization
ToT	Training of Trainers
ToRs	Terms of References
UC	Union Council

EXECUTIVE SUMMARY

07 days capacity building ToT event on Community based disaster risk management (CBDRM) and Climate change adaptation (CCA) for Social sector CRPs under National Poverty Graduation Program (NPGP) was organized by Sindh Rural Support Organization (SRSO) from **26 December 2022 to 01 January 2023 (Agenda attached, Annex-1)** at Kundan Restaurant, Main Indus highway Shikarpur. In this event, total **26** community resource persons (CRPs), **18 males and 8 female** get themselves registered. **13** from District Kashmore and **13** from District Shikarpur.

This ToT was based on class room/ hall learning. During training, the participants were briefed on program objectives, output and implementation of NPG programme and prioritization of CBDRM & CCA related initiative in particular. As this seven days event was organized for social sector CRPs who will further roll out the field training events on the same topic so detailed discussions, group work and presentation remained focus in the training to develop trainer skills among participants. Overall, training objectives were met amicably; from the reflections of the participants, it was evident that participants were able to grasp the main theme of the training.

Consultant capacity building took the lead in the training and facilitated sessions. SRSO staff arranged and coordinated the event in a highly professional manner in coordination with Training manager Mr. Zubair Somroo & Mr. Ashraf Ali Regional Training Coordinator. Presentation skills and discussions were the key components of the training; video documentary, role-plays, and mock drills also helped participants to making the concepts clear and easy to understand.

OBJECTIVES OF THE EVENT:

1. To increase knowledge and skills of target CRPs to train the target communities/households on key concepts of CBDRM and Community-Based Climate Change Resilience.
2. To define COVID 19 SOPs for training and field.
3. To equip CRPs with the required tools and techniques to cascade capacity-building sessions with the target communities/households on these key topics.
4. To enable CRPs with knowledge and skills to facilitate target communities/households in developing their learning and best practices on key concepts of Community-Based Climate Change Resilience.
5. To prepare target communities/households through these trainings, in climate resilient/adaptive livelihood strategies and public-private partnership on climate-smart agriculture, livestock management, and agro-forestry.
6. To enhance knowledge of target communities about existing institutional frameworks and national policies on climate change adaptation/resilience and develop community linkages with government line departments.

NAME OF RESOURCE PERSONS: (TOTAL: 02)

- Syeda Farah Amin (Lead consultant)
- Muhammad Azam Rahim Malik (Co-facilitator)

PARTICIPANTS OF THE TRAINING

Total 26 participants attended the event out of which 8 female and 18 males.

SRSO FOCAL PERSON

- Mr. Zubair Somroo (Training Manager-IMSD)

TRAINING PROCEEDING DAY WISE:

DAY ONE

PARTICIPANTS REGISTRATION & RECITATION OF HOLY QURAN

All participants reached the training venue and registered themselves. Training started with the Recitation of Holy Quran.

INTRODUCTION OF THE FACILITATORS AND PARTICIPANTS /ICE BREAKING

The participants got to know each other and it had helped in the upbringing of inter personal communication among the participants. Each participant was asked to tell about following; his/her Name, Education, Job, Village and UC.

EXPECTATIONS

Expectations of the trainings were shared by participants with the facilitators and all the points were written on chart and pasted on the wall for the evaluation purpose at the end of training. The expectations main points were knowledge sharing, concepts of CBDRM, CCA, resilience and preparedness would be easy to grasp in the training, clarity on different stakeholder's roles, knowledge about the project implementation strategy.

NORMS SETTING

Participants decided the norms for training, so that time available for training is utilized in an effective and efficient manner i.e. Time Management, Cell phone should be silent during training session, Respect the other participants views, and Discussion should be at the relevant topic. A norms monitoring committee was also established to implement the set rules/norms during the training event.

SESSION 1: OBJECTIVES OF TRAINING & PROJECT ORIENTATION

In the morning welcome session was conducted by Mr. Zubair Somroo (training manager IMSD) a focal person from SRSO. He properly welcomed the participants and presented the vision, objectives and progress of SRSO on NPGP Programme. After welcome, objectives of the training were explained by consultant capacity building Syeda Farah Amin. Role of communities was discussed and flow of the project activities was described.



PRE TRAINING EVALUATION TEST

A pre-test was conducted to assess the participant knowledge and understanding around CBDRM and CCA. Mr. Azam Rahim Co-facilitator facilitated the pretest.

SESSION 2: OVERVIEW OF COVID 19 AND SOPS FOR TRAINING AND FIELD

Discussion was generated about an overview of Covid-19 status in Pakistan, Sindh and target districts. After this, how is the virus transmitted? In addition, important precautions were discussed. Latest situation of Covid-19 in target districts was also highlighted.

COVID-19 SOPs for ToT, community meetings, distribution and field trainings were also elaborated Apart from these measures to be taken at household level to prevent Corona were also emphasized.

Video documentary:

A video documentary was displayed to build local facilitators' understanding on COVID-19 response in Pakistan.



SESSION 3: IMPACTS OF DISASTER & CERC:

Discussion was generated about psychosocial & physical risks to health and safety during disasters. The facilitator explained different phases of mental health during disaster. With the help of PPT, facilitator explained what is communication, its types and communication barriers are there. To highlight the communication barriers “message change” activity was conducted. In this activity, participants were arranged in a que and a written message was shown to first participant and asked him to transfer to the next participant secretly. At the end of the que, the last participant was asked to announce the message aloud. The original message was shown to the participants and they were amazed to see that the original message was entirely different from the heard from last participant. After this Crisis and emergency risk communication, (CERC) was discussed in detail. The principles of CERC and their application to COVID-19 messages were also discussed in detail feedback and questions from participants were addressed in sufficient time.

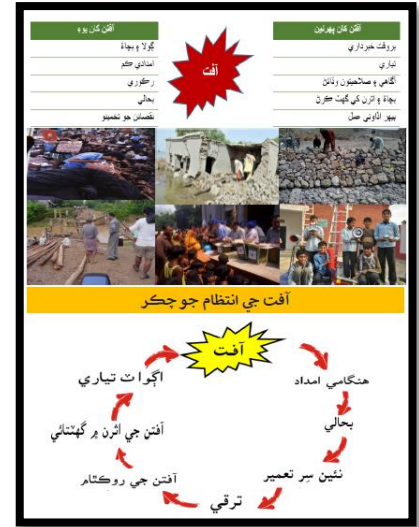


SESSION 4: DEFINING DRR AND TRENDS OF DISASTER AROUND THE GLOBE AND IN PAKISTAN

This session enhanced the knowledge and skills of participants regarding following key concepts.

- Disaster Risk Reduction (DRR)
- Disaster Risk Management (DRM)
- Disaster Risk Management (DRM) cycle
- Climate change adaptation (CCA)

Furthermore, types and history of climate-induced hazards and disasters in Pakistan were discussed in an interactive question answer and feedback session.



SESSION 5: TRENDS OF CLIMATE-INDUCED HAZARDS AND DISASTERS IN TARGET DISTRICT

The facilitator through the structured presentation shared types and history of climate-induced hazards in Sindh the water related hazards were focused during discussion. Participants were asked to share their personal experiences of facing various kinds of disasters in their respective areas after that facilitator concluded the discussion by presenting types and history of disasters in Sindh/ Kashmir and Shikarpur.

آفتن جي لحاظ کان ڪندڙون ضلعي جي تاريخ				آفتن جي لحاظ کان شڪارپور ضلعي جي تاريخ			
سال	شدت	مٿاڇرو علائقو	خطرو	سال	شدت	مٿاڇرو علائقو	خطرو
2010-2003	وڌيڪ	پورو ضلعو	موسمي	2010-2003-2005	وڌيڪ	پورو ضلعو	موسمي
2012	وڌيڪ	پورو ضلعو	موسمي	2011-2012	وڌيڪ	پورو ضلعو	موسمي
ھر سال	گھٽ	پورو ضلعو	مٿاڇرو علائقو جي ڪري	2001-2010	وڌيڪ	پورو ضلعو	موسمي
2002	گھٽ	پورو ضلعو	مٿاڇرو علائقو جي ڪري	وڌيڪ	وڌيڪ	پورو ضلعو	موسمي
2013-2001	گھٽ	پورو ضلعو	مٿاڇرو علائقو جي ڪري	2001-2013	گھٽ	پورو ضلعو	موسمي
ھر سال	گھٽ	پورو ضلعو	مٿاڇرو علائقو جي ڪري	ھر سال	گھٽ	پورو ضلعو	موسمي

SESSION 6: DISASTER MANAGEMENT SYSTEM IN PAKISTAN

Participants were divided into three groups and each group has been given NDMA, PDMA, DDMA roles and responsibilities and hierarchy to arrange according to their knowledge and understanding. After group work, participants presented their work. At the end, facilitator concluded the discussion through brain storming discussion on each institute its role and hierarchy.



SESSION 7: KEY CONCEPTS RELATED TO CLIMATE CHANGE AND DISASTER REDUCTION

First of all facilitator elaborated what is Disaster Risk and how we reduce the risk in daily routine lives; the concepts of climate change adaptation and environmental protection were also elaborated during discussion. Brief over view of the types of disasters and how much work has been done in Pakistan as part of

background/rationale to handle disasters. During discussion the basic phenomena of DRR i.e. Hazard, vulnerability, Risk, Capacity, Mitigation, Preparedness emergency response, climate change adaptation, greenhouse gas impacts were elaborated.

Assignment:

Participants were given the handouts of Key concept of DRR and CCA to understand and memorize for the next day.



DAY TWO

RECITATION FROM THE HOLY QURAN

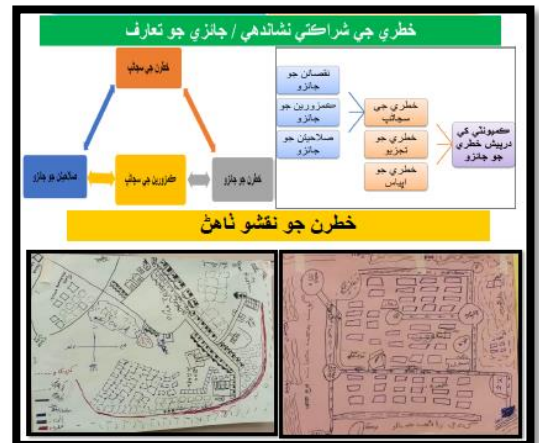
Day two of the training started with the recitation from the Holy Quran. One of the Participants recited some verses.

REVIEW OF THE DAY 1

The trainer commenced the session with a warm up exercise of catch the ball and share the previous day learning and followed by concluding and consolidating the session’s leanings and linking them to the forthcoming sessions. Participants reviewed the work done and consolidated things happen yesterday and now ready to link it with next day topics.

SESSION 8: IMPORTANCE & PROCESS OF CBDRM

In this session, the knowledge and skills of participants regarding Importance and process of CBDRM were enhanced. In groups participants work was assigned to participants identified the nature and Indicators of resilience communities after that group presentations were conduct and participant shared their learning and point of view about the assigned topic. Facilitator concluded the discussion by summing up essential feature and elements of CBDRM & its principals through structured presentation.



SESSION 9: GENDER AND DISASTERS

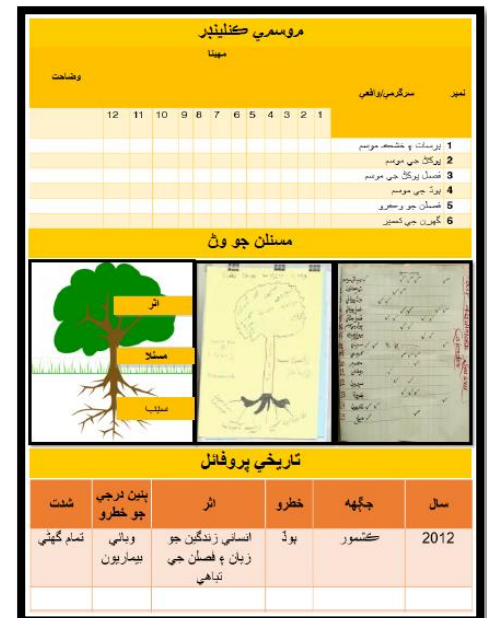
The facilitator asked from participants about their understanding on Gender. Interactive question, answer, and brainstorming technique were utilized to realize the participants about disproportionate impact of climate change on gender. Facilitator cleared the concept of gender and sex and differences between both terminologies. The discussion was concluded on women's role in agriculture and food security.

SESSION 10: PARTICIPATORY RISK ASSESSMENT:

The understanding of participants was enhanced about role of a Hazard mapping during transact walk, hazard assessment risk identification, analysis and evaluation at village level. First of all introduction to Participatory Risk Assessment was given to participants through structured presentation. Its importance and process was explained. Risk Identification and Hazard Vulnerability Capacity and Risk Assessment (HVCRA) by Village committees' steps were briefed. Then participants were divided into four groups and the following tasks were assigned to different groups.

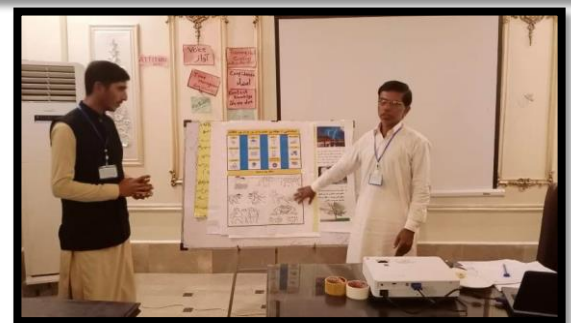
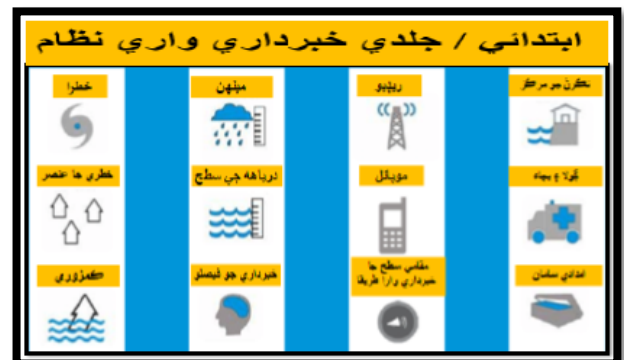
- Risk Mapping
- Historical Profile of Disaster
- Preparation of Seasonal Calendar
- Problem Tree
- Vulnerability Assessment
- Capacity Assessment

Participants shared their findings and learn the importance of each step; facilitator concluded the group work by emphasizing the role of communities in hazard identification, analysis and evaluation.



SESSION 11: NEED AND IMPORTANCE OF EARLY WARNING SYSTEM

Through a structured presentation, the understanding of participants was built on the need and importance of early warning system. Facilitator explained the process of committee formation for early warning its structure and roles and responsibilities were identified during discussion, following were important discussion topics; local committee on information, possible methods of early warning, and points to remember in early warning. After detailed discussion, mock drill was conducted on early warning system and committees' performance.



SESSION 12: BASIC SEARCH, RESCUE AND EVACUATION

Facilitator presented his/her topic of search and rescue and then concluded the discussion through structured presentation and emphasized on community role and proactive approach in search, rescue and evacuation tasks. The emphasis was given to Water rescue, Fire rescue and rescue in case of building collapse. Participants were able to grasp the knowledge and skills and able to conduct the same in rollout session at field level.



Video Displaying & Practical

Demonstration of Basic search and rescue Techniques:

A video documentary played on search and rescue techniques and mock drill was conducted to evacuate in case of flood at village level. Each participant was given a chance to practice basic search and rescue techniques for Water rescue, Fire rescue and rescue in case of building collapse.



DAY THREE

RECITATION FROM THE HOLY QURAN

Day three of the training started with the recitation from the Holy Quran. One of the Participants recited some verses along with local language translation.

REVIEW OF THE DAY 2

The trainer commenced the session with a warm up exercise of revising and sharing the previous days learning and connecting them to the upcoming sessions. Active and effective participation have been ensured to analyze their findings and how they will use the information during rollout sessions.

SESSION 13: LINKAGES AND COORDINATION WITH GOVERNMENT DEPARTMENTS

First of all group 1 shared the learning and their findings with rest of the participants then facilitator briefed them about importance and need of linkages and coordination with Govt. departments. During discussion the concept of



stakeholder was explained; both insider and out sider. The emphasis remained on main roll of community. Concept of social network and linkages with different components of society was briefed.

The role of disaster management authority, civil society organizations, local NGOs and Govt. line agencies was explained in detail. The concept of right holder and duty bearers was also discussed and prominence was given to the main point; how to coordinate in an effective manner and link the community with duty bearers.

SESSION 14: COMMUNITY BASED CLIMATE CHANGE ADAPTATION (CBCCA) AND MITIGATION

Group 2 shared their learning with rest of the group. During discussion, facilitator briefed them about the concept of CBCCA and mitigation measures to be taken at community level to impend the negative impacts of a disaster. The main discussion points during the session were;

- Climate change and its impacts on target districts,
- Why poor are more vulnerable to climate change,
- What is community based climate change adaptation,
- Climate risk cycle management,
- Participatory tools used in CCA,
- Identifying and planning adaptation activities,
- Types of participation.



SESSION 15: IMPORTANCE AND NEED OF SOCIAL SAFETY NETS AND AVAILABLE INSTRUMENTS IN PAKISTAN

Facilitator-started the discussion through brainstorming on what is the concept of social safety net. Facilitator briefed them about importance and need of social safety nets. Concepts of Social welfare, social policy and social protection were also discussed. During discussion, group 4th participants highlighted the available social safety nets in Pakistan and Sindh. This topic was assigned to group four for preparing a group presentation and giving a demonstration. Special emphasis was given to role of PPAF and its program NPGP.



Energizer:

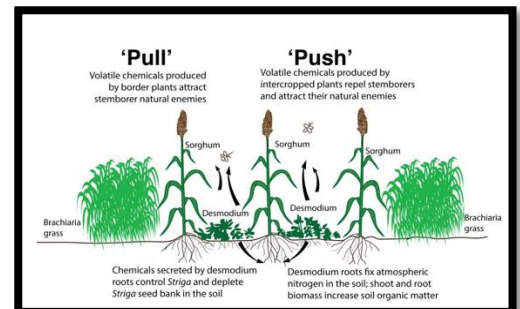
Participants were arranged in a que and asked to press the shoulders of participant standing next to them. Similarly the order was reversed and same will be followed for rest of the participants. In this way all felt relaxed and event moved easily to the next session.

SESSION 16: PROMOTING CLIMATE RESILIENT LIVELIHOOD OPPORTUNITIES

Group 3 started discussion through brainstorming on concept of climate resilient livelihood opportunities. The discussion started with what is climate resilient livelihood? Why we need climate resilient livelihood? What are the resilient livelihood strategies, diversification, and protection, the seasonal calendar important tool, and engaging local government units in dialogue for support?

SESSION 17: CLIMATE RESILIENT/SMART FARMING PRACTICES

Group 4 presented their learning and findings with other participants then facilitator displayed the slide on climate smart farming practices and detailed discussion on each of the following points was conducted, what is climate resilience farming? Climate smart agriculture (CSA) an emerging approach, Importance & benefits of CSA, Various aspects of CS village/ farm (weather, water, energy, nitrogen, carbon, knowledge smart agricultural practices), CS Push-pull crop technique and Climate-smart push-pull addresses multiple constraints. At the end of the session, facilitator gave answers of each query from participants.



SESSION 18: CROP DIVERSIFICATION AND INTRODUCTION OF FLOOD AND DROUGHT RESISTANT CROPS

Facilitator delivered the session on crop diversification through structured presentation and then group two was given the time to share their findings and learning on the given topic. Following were the main points of discussion during session.

- What is meant by Crop Diversification?
- Benefits/objectives of Crop diversification
- What is meant by Flood and drought resistant Crop?
- Why do we promote resistant varieties?



A list of Sindh agriculture department approved potential resistant varieties for target districts (Shikarpur & Kashmore) was shared with the participants. At the end of the session, facilitator gave satisfactory answers of each query from participants.

DAY FOUR

RECITATION FROM THE HOLY QURAN

Day four of the training started with the recitation from the Holy Quran. One of the Participants recited some verses along with local language translation.

REVIEW OF THE DAY 3

The trainer commenced the session with a warm up exercise of revising and sharing the previous days learning. Participants reviewed the work done and consolidated things happen yesterday and now ready to link it with next day topics. Participants shared their work on the given assignment of last day.

SESSION 19: PROMOTION OF LEGUMES IN CROP ROTATIONS

Participants were briefed about what legumes are? Group 1 presented their work on the given topic. Facilitator discussed in detail about crop rotation and asked the participants about their existing practices and experiencing of pulses and legumes cultivation. Benefits of legumes to increase soil fertility were discussed in detail. Facilitator concluded the session by giving satisfactory answers of participants' queries.



SESSION 20: IMPROVED SOIL AND WATER MANAGEMENT AND IRRIGATION

TECHNIQUES Knowledge of participants was enhanced for improved soil and water management techniques through structured presentation. The video documentaries were displayed about traditional water management techniques and improved water management techniques (i.e. drip irrigation). These videos remained helpful for participants to understand the concept and grasp the basic knowledge and main points. Group 2 shared their learnings with rest of the group on what is water management at farm? Objectives of water and soil management techniques, and potential water and soil management and irrigation techniques for target districts (Shikarpur & Kashmore) have been deliberated in details.

قطار وچ پر پوکڻ	فصل جي گردش																																													
پٺين پر گڏيل فصل پوکڻ	ڍلي جي وچ ۾ پوکڻ																																													
مخلوط فصل	ميو ڪڍڻ / فصل																																													
<p>تاريخيات ضلعن شڪارپور ۽ ڪشمور ۾ فصلن جي نمونن ۽ گردش ۽ تبديليءَ جا امڪاني طريقا هي آهن</p> <table border="1"> <thead> <tr> <th>فصلن جو نمونو</th> <th>خريف (آونهارو) جو موسم</th> <th>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</th> </tr> </thead> <tbody> <tr> <td>فصل</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>فصل</td> </tr> <tr> <td>پهاڙو</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>پهاڙو</td> </tr> <tr> <td>جهوپڙو</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>جهوپڙو</td> </tr> <tr> <td>صفندا</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>صفندا</td> </tr> <tr> <td>شگر</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>شگر</td> </tr> <tr> <td>مائي</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>مائي</td> </tr> <tr> <td>مڪئي</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>مڪئي</td> </tr> <tr> <td>پوهي</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>پوهي</td> </tr> <tr> <td>مڪئي</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>مڪئي</td> </tr> <tr> <td>سورج مڪري</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>سورج مڪري</td> </tr> <tr> <td>چنڊ</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>چنڊ</td> </tr> <tr> <td>ڏال</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>ڏال</td> </tr> <tr> <td>سرسپڻ</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>سرسپڻ</td> </tr> <tr> <td>جواري</td> <td>پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري</td> <td>جواري</td> </tr> </tbody> </table>		فصلن جو نمونو	خريف (آونهارو) جو موسم	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	فصل	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	فصل	پهاڙو	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	پهاڙو	جهوپڙو	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	جهوپڙو	صفندا	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	صفندا	شگر	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	شگر	مائي	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	مائي	مڪئي	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	مڪئي	پوهي	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	پوهي	مڪئي	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	مڪئي	سورج مڪري	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	سورج مڪري	چنڊ	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	چنڊ	ڏال	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	ڏال	سرسپڻ	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	سرسپڻ	جواري	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	جواري
فصلن جو نمونو	خريف (آونهارو) جو موسم	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري																																												
فصل	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	فصل																																												
پهاڙو	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	پهاڙو																																												
جهوپڙو	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	جهوپڙو																																												
صفندا	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	صفندا																																												
شگر	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	شگر																																												
مائي	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	مائي																																												
مڪئي	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	مڪئي																																												
پوهي	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	پوهي																																												
مڪئي	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	مڪئي																																												
سورج مڪري	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	سورج مڪري																																												
چنڊ	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	چنڊ																																												
ڏال	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	ڏال																																												
سرسپڻ	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	سرسپڻ																																												
جواري	پهاڙو، جهوپڙو، صفندا، شگر، مائي، مڪئي، پوهي، مڪئي، سورج مڪري، چنڊ، ڏال، سرسپڻ، جواري	جواري																																												

SESSION 21: ALTERATIONS IN CROPPING PATTERNS AND ROTATIONS

Participants were briefed about the concept of alterations in cropping patterns and rotations group five presented its task and describes the objectives of alterations in cropping patterns and rotations as well as explained with facilitator support about, potential techniques for alterations in cropping patterns and rotations in target districts (Shikarpur, Kashmore).



SESSION 22: HOME BASED KITCHEN GARDENING

Participants were able to understand and implement the home based kitchen gardening approach. Facilitator with the help of structured presentation explained in detail about;

- Introduction to kitchen gardening and initial planning,
- Choice of vegetables (winter & summer varieties)
- Land preparation. Method of sowing,
- Fertilizer recommendations,
- Irrigation, weeding, insect and diseases
- Vegetables preservation methods.



Video documentary was displayed on importance of Moringa tree plantation. Participants shared their valuable inputs and gain knowledge through experience sharing of kitchen gardening practices. Facilitator also briefed participants about livestock management techniques.

SESSION 23: WATER HARVESTING, CONSERVATION, & MANAGEMENT

Understanding of the participants was built on water management, conservation and harvesting. The discussion was generated about what is meant by water conservation and harvesting and why it is needed in target area. Facilitator with the help of video documentaries and structured presentation conducted a satisfactory discussion by involving participants through brain storming technique on the given main points.



DAY FIVE

RECITATION FROM THE HOLY QURAN

Day five of the training started with the recitation from the Holy Quran.

REVIEW OF THE DAY 4

The trainer commenced the session with a warm up exercise of revising and sharing the previous days learning and linking them to the forthcoming sessions. Participants reviewed the work done and consolidated things happen yesterday and now ready to link it with next day presentations.

SESSION 24: INCREASED FORESTATION/PLANTATION TO MITIGATE THE IMPACT OF CLIMATE CHANGE

Participants were divided into four groups and each group assigned the task on following topics.

- Impacts & role of deforestation in climate change
- Why need to increase forestation/plantation
- How to increase forestation
- Recommendation on increased forestation in target districts (Shikarpur & Kashmore)



At the completion of group work, each group presented their learning with other members and facilitator concluded the session through structured presentation and answering participants' queries.

SESSION 25: CLIMATE RESILIENT LIVESTOCK MANAGEMENT STRATEGIES

Understanding of the participants was built about what are climate resilient livestock and its importance in an agro-based developing country. The main discussion points of the session were; Impacts of CC on live stock, impacts of livestock on CC and summarizing adaptation and mitigation practices.

موسمی / ماحولیاتی تبدیلی سان لھکنڈر چوہان مال جي انتظامڪاريءَ جون حڪمت عمليون

موسمی / ماحولیاتی تبدیلی سان لھکنڈر چوہان مال جي انتظامڪاريءَ جون حڪمت عمليون	سليج / نيمہ وارو چارو تيار ڪرڻ	ڪاهه (جھنگ چارو)
1. ڪاهه (جھنگ چارو) ۽ چارو ان ۽ چارو تيار ڪرڻ، جھنگ، ڳاڙو ۽ مڪئي نشان ان جي جھنگ خريف جي چارو طور استعمال ڪرڻ	2. ڪاهه (جھنگ چارو) ۽ چارو تيار ڪرڻ، جھنگ، ڳاڙو ۽ مڪئي نشان ان جي جھنگ خريف جي چارو طور استعمال ڪرڻ	3. ڪاهه (جھنگ چارو) ۽ چارو تيار ڪرڻ، جھنگ، ڳاڙو ۽ مڪئي نشان ان جي جھنگ خريف جي چارو طور استعمال ڪرڻ
حفظ ڪرڻ (مکي ۽ ڳاڙو) (مکي ۽ ڳاڙو) (مکي ۽ ڳاڙو) (مکي ۽ ڳاڙو)	مکي ۽ ڳاڙو (مکي ۽ ڳاڙو) (مکي ۽ ڳاڙو) (مکي ۽ ڳاڙو)	مکي ۽ ڳاڙو (مکي ۽ ڳاڙو) (مکي ۽ ڳاڙو) (مکي ۽ ڳاڙو)

مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)

مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)	مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)	مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)
مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)	مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)	مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)
مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)	مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)	مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)

مکي ۽ ڳاڙو جي ڪاهه (جھنگ چارو)

SESSION 26: IMPROVED FEEDING TECHNIQUES AND FODDER MANAGEMENT

Understanding of the participants was built on following through structured presentation and video displaying. Modern trends in fodder production, Introduction of climate resilient multicut fodder varieties, fodder preservation, benefits and techniques of fodder

preservation, Recommendations on Improved feeding techniques and fodder management in target districts (Shikarpur & Kashmore) were discussed and facilitator concluded the session through answering participants' queries.

SESSION 27: BREED IMPROVEMENT/DIVERSIFICATION

Understanding of the participants was enhanced on breed improvement or diversification techniques, and its benefits through structured presentation and video displaying. Facilitator concluded the session through answering participants' queries.

DAY SIX

RECITATION FROM THE HOLY QURAN

Day six of the training started with the recitation from the Holy Quran.

REVIEW OF THE DAY 5

The trainer started the session with a warm up exercise and asked participants to share the previous day learnings. All the participants were actively participated and shared their findings and learnings. The trainer was consolidated things happened yesterday and participants were ready to link the previous day with today's presentations.

SESSION 28: VACCINATION AND DEWORMING

The session was started with discussing key concepts of vaccination importance, types of available vaccinations and time chart for diseases and its vaccinations through structured presentation and video displaying. Understanding of the participants was enhanced on above points. Group 1 presented their learning on the given topic in front of rest of the participants' and facilitator concluded the session through answering participants' queries.



SESSION 29: SAFE AND DESCENT FARMING

Understanding of the participants was built on following through structured presentation and video displaying.

- Safe handling of pesticides and their residues
- Hygiene promotion
- Managing households and farm waste material etc.



Group 2 presented their learning on the given topic in front of rest of the participants' and facilitator concluded the session through answering participants' queries.

SESSION 30: RANGELAND AND PASTURE MANAGEMENT FOCUSING ON CYCLIC GRAZING

Understanding of the participants was built on following through structured presentation and video displaying.

- Defining rangeland and pastures
- How to manage rangeland and pastures

Group 3 presented their learning on the given topic in front of rest of the participants' and facilitator concluded the session through answering participants' queries.



DAY SEVEN

RECITATION FROM THE HOLY QURAN

Day seven of the training started with the recitation from the Holy Quran. One of the Participants recited some verses along with local language translation.

REVIEW OF THE DAY 6

A quick review of the previous day learning was conducted and each participant shared his/her knowledge on yesterday's learnings.

SESSION 31: TRAININGS AT FIELD LEVEL AND TRAINING CYCLE

Knowledge and understanding of the participants was built on following through structured presentation and brainstorming.

- Training Cycle
- Planning of training/workshop
- Characteristics of a good trainer
- Trainers skills and Methodologies

Facilitator concluded the session through answering participants' queries.

FIELD TRAINING PLAN FORMATION

Participants were oriented about their role as a community resource person throughout the event. Field



level training material kit (IEC) has also been provided to the participants in the form of panaflex so they can practice well and fully equip before entering in the field. Throughout the event each participant has been given ample time to practice and give presentation by utilizing this training material. To facilitate the participants in rollout sessions planning the training officers from both target districts have been invited on last day of the event. The assessment of participants was shared and the CRPs found in B category associated with A category CRPs for few starting sessions. After observing their satisfactory performance they will be allowed to work independently.

PARTICIPANTS ASSESSMENT BY TRAINER

Evaluation and grading of trainees was conducted on the final day of training as per evaluation criteria and ranking of CRPs as A, B+, B, and C (descending order of performance, respectively). Facilitator assessed the participants throughout the event on the provided grading format from SRSO, on the following key indicators; 1) Content knowledge, 2) Voice quality, 3) Sound Pitch, 4) Gesture/ Posture, 5) Body language, 6) Training/ participants management, 7) Confidence Level, and 8) Participatory method.

In the light of these indicators, the assessment of participants was completed. The final grading sheet is attached here see below;

Sindh Rural Support Organization
National Poverty Graduation Programme
7-Day Training of Trainers (TOT) of CAA / DRR to CRPs
Category Assessment of Training Participants

While presentations on daily basis, ask training participants to stand in front and direct them to write the topic on white board and deliver session. Make assessment out of 3 marks in each indicators in following indicators :
C = 45% and Below B = 46% - 65% B+ = 66% - 79% A = 80% and Above

Sr.	DISTRICT	Name (with Parentage / Spouse)	ASSESSMENT INDICATORS								Total Marks (out of 24)	%	Category
			Content Knowledge	Voice Quality	Sound Pitch	Gesture Posture	Body Language	Training / Participant Management	Confidence Level	Participatory Method			
			3	3	3	3	3	3	3	3			
1	SHIKARPUR	HAKIM ZADI	2.1	1.5	1.5	2	2.1	1.7	1.8	1.8	14.5	60	B
2	SHIKARPUR	NIGHAT PARVEEN	2.4	2.3	2.3	2.4	2.5	2.4	2.6	2.4	19.3	80	A
3	SHIKARPUR	NIHAL KHAN DIYU	2.5	2.1	2.1	1.8	1.8	1.7	2	2.2	16.2	68	B+
4	SHIKARPUR	AKHTIAR ALI MEMON	2.7	2.4	2.3	2.4	2.4	2.3	2.5	2.5	19.5	81	A
5	SHIKARPUR	M.IBRAHEEM BROHI	2.1	1.6	1.6	1.8	1.9	2.6	2.4	2.2	16.2	68	B+
6	KASHMORE	MANASIB ALI	2.6	2.5	2.6	2.7	2.8	2.5	2.6	2.8	21.1	88	A
7	SHIKARPUR	MUDASSAR ALI	1.8	1.3	1.3	1.4	1.4	1.3	1.4	1.4	11.3	47	B
8	SHIKARPUR	SAJJAD ALI BHAYU	2.3	2	2	1.9	1.9	2.4	2.4	2.2	17.1	71	B+
9	SHIKARPUR	ZAFAR HUSSAIN	1.6	1.6	1.6	1.5	1.4	1.5	1.6	1.5	12.3	51	B
10	SHIKARPUR	BABAR ALI RAHOOJO	2.5	2.5	2.6	2.2	2.4	2.6	2.7	2.6	20.1	84	A
11	SHIKARPUR	IMRAN ALI	2.7	2.6	2.6	2.6	2.5	2.7	2.8	2.8	21.3	89	A

12	SHIKARPUR	MUHAMMAD ZAHID	2.6	2.6	2.6	2.5	2.4	2.5	2.5	1.8	19.5	81	A
13	SHIKARPUR	MAHBOOB ALI	2.5	2.6	2.6	2.5	2.6	2.6	2.8	2.7	20.9	87	A
14	KASHMORE	IRAM	2.2	2.3	2.3	1.8	1.7	1.9	2.2	2.1	16.5	69	B+
15	KASHMORE	ALIYA	1.8	1.4	1.4	1.5	1.4	1.4	1.3	1.3	11.5	48	B
16	KASHMORE	TANIYA	2.8	2.7	2.7	2.4	2.5	2.6	2.8	2.8	21.3	89	A
17	KASHMORE	NAREENA BANO	2.3	2.3	2.3	2.4	1.9	2.2	2.2	2.1	17.7	74	B+
18	SHIKARPUR	TAHMINA	2.1	1.6	1.6	1.6	1.5	1.5	1.5	1.4	12.8	53	B
19	KASHMORE	SHAZIA	2.8	2.7	2.8	2.8	2.7	2.6	2.8	2.8	22	92	A
20	KASHMORE	NISAR AHMED	2.7	2.6	2.6	2.5	2.5	2.8	2.8	2.8	21.3	89	A
21	KASHMORE	QURBAN ALI	2.6	2.6	2.6	2.5	2.6	2.7	2.8	2.7	21.1	88	A
22	KASHMORE	ALI GOHAR	2.7	2.5	2.4	2.4	2.3	2.4	2.5	2.7	17.4	73	B+
23	KASHMORE	ABDULLAH	2.5	2.3	2.5	2.2	2.1	2.5	2.5	2	18.6	78	B+
24	KASHMORE	GHULAM HUSSAIN	2.6	2.7	2.7	2.8	2.8	2.6	2.5	2.6	21.3	89	A
25	KASHMORE	ASHIQ ALI	2.6	2.7	2.7	2.8	2.8	2.6	2.5	2.6	21.3	89	A
26	KASHMORE	SHAKIR ALI	2.4	2.2	2.2	2.3	1.8	1.5	1.8	2	16.2	68	B+
27	SHIKARPUR	IRFAN ALI											Absent

District	A	B+	B	C
Kashmore	7	5	1	
Shikarpur	6	3	4	
Total	13	8	5	

Name and of Signature of Training Consultant

Date

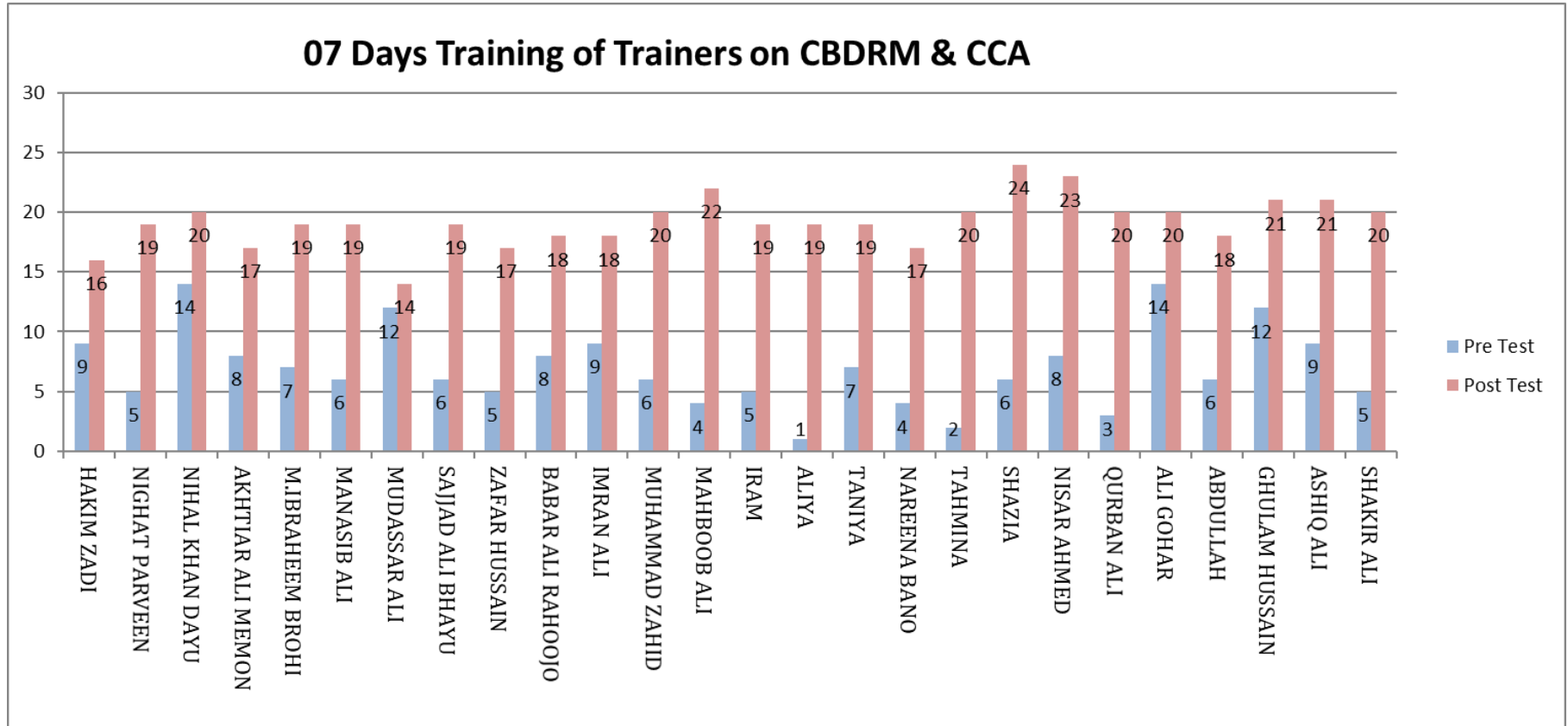
PRE-POST TEST ANALYSIS

The facilitator conducted the post-tests to assess the knowledge of the participants after the training. According to participants feedback the training met its overall objectives amicably. Their knowledge and understanding on the topic of CBDRM and CCA has been increased by 82% on average. The result of pre and post-test is below;

07 Days Training of Trainers on CBDRM & CCA Pre & Post Test Analysis

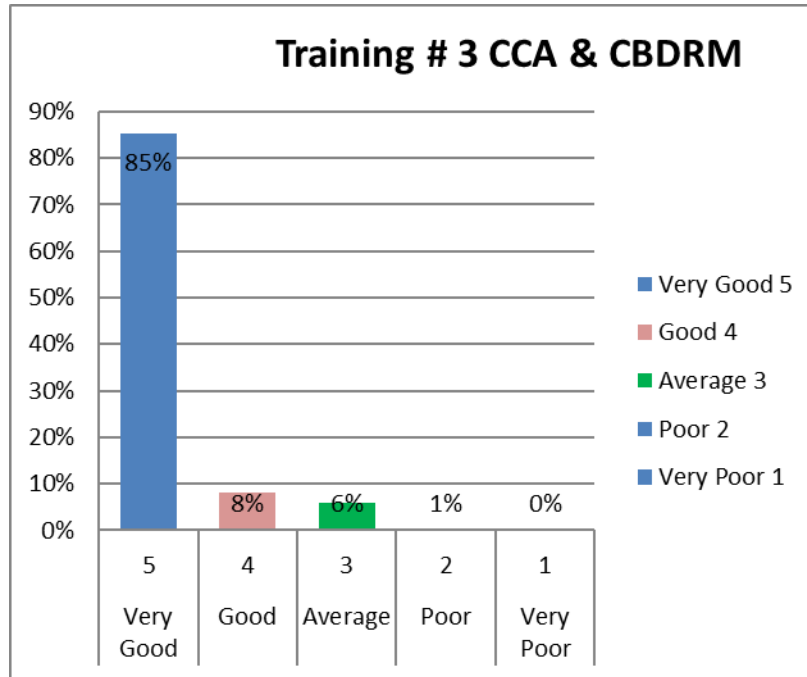
S#	Names	Pre Test	Post Test	% improvement
1	HAKIM ZADI	9	16	70%
2	NIGHAT PARVEEN	5	19	140%
3	NIHAL KHAN DAYU	14	20	60%
4	AKHTIAR ALI MEMON	8	17	90%
5	M.IBRAHEEM BROHI	7	19	120%
6	MANASIB ALI	6	19	130%
7	MUDASSAR ALI	12	14	20%
8	SAJJAD ALI BHAYU	6	19	130%
9	ZAFAR HUSSAIN	5	17	120%
10	BABAR ALI RAHOOJO	8	18	100%
11	IMRAN ALI	9	18	90%
12	MUHAMMAD ZAHID	6	20	140%
13	MAHBOOB ALI	4	22	180%
14	IRAM	5	19	140%
15	ALIYA	1	19	180%
16	TANIYA	7	19	120%
17	NAREENA BANO	4	17	130%
18	TAHMINA	2	20	180%
19	SHAZIA	6	24	180%
20	NISAR AHMED	8	23	150%
21	QURBAN ALI	3	20	170%
22	ALI GOHAR	14	20	60%
23	ABDULLAH	6	18	120%
24	GHULAM HUSSAIN	12	21	90%
25	ASHIQ ALI	9	21	120%
26	SHAKIR ALI	5	20	150%
	Average %			145%

PRE-POST TEST ANALYSIS



EVENT EVALUATION & PARTICIPANTS FEED BACK

Training was evaluated by distributing the printed evaluation sheet among all the participants; the evaluation sheets are designed to take views of the trainees on training design, contents, support material, facilitator way of facilitation, and training logistical arrangements etc.



According to the participant's feedback on training objectives, training techniques, facilitator's knowledge, training material on CCA & CBDRM, and training overall arrangements (i.e. Stationery, Timing, Stay, Food, & Hall), 85% participants replied that the training was **very good, well organized, interesting, and trainers were knowledgeable**. 8% said training was **good**, 6% said training was **average**, and 1% said training was **poor** in terms of food quality.

Therefore, the training achieved its overall goal, and future role was well defined which will be helpful in delivering the same knowledge at field level by participants. It was observed that most of the participants liked the sessions of Participatory Risk assessment, early warning, basic search, rescue & evacuation, water conservation, promotion of legumes, improved techniques for animal breeding and Kitchen gardening, crop diversification.

EVENT EVALUATION & PARTICIPANTS FEED BACK

Q#	Description	Rating					Total Participants
		Very Good	Good	Average	Poor	Very Poor	
		5	4	3	2	1	
1	How well did the training meet its main objective?	22	2	2	0	0	26
2	The training was according to my expectations?	23	2	1	0	0	26
3	The training content was simple and proper?	20	3	3	0	0	26
4	The distributed handouts were appropriate and usable?	21	3	2	0	0	26
5	The training enabled me to use what I have learned here?	21	3	2	0	0	26
6	The knowledge I gained from here will benefit the people in my area?	22	2	2	0	0	26
7	What do you think about training methodology?	23	2	1	0	0	26
8	The training presentation's material was good?	23	1	2	0	0	26
9	Participants were given adequate time for questions?	21	3	2	0	0	26
10	The group works were well managed and Organized	23	2	1	0	0	26
11	Trainer encouraged participants to participate.	24	2	0	0	0	26
12	Training materials and formats provided in a timely manner?	25	1	0	0	0	26
13	How was the quality of the food provided?	21	2	1	2	0	26
14	Was the training information provided to you in a timely manner?	22	2	2	0	0	26
15	What do you think about the overall training went?	22	2	2	0	0	26
Percentage %		85%	8%	6%	1%	0%	100%

CLOSING CEREMONY

CEO SRSO Mr. Muhammad Dittal Kalhoro also visited the event and got feedback from participants. He emphasized the learning and its replication at field level. Mr. Zubair Somroo (training manager) thanked participants and said few words about the importance of the programme and how this approach and programme is going to be contributing in achieving the sustainable development goals. He also appreciated the hard work of trainers and participants on successful completion of training. Panaflex presentation set and training kits were handed over to all participants. All the participants were awarded certificates for successfully completing the 07-day training on CCA and CBDRM at SRSO complex Sukkur.



AGENDA

ماسٽر ٽرينرز جي تربيت

سماجي شعبي سان لاڳاپيل مقامي رضاڪارن (سي آر پيز) لاءِ اين پي جي پي تحت تربيتي ورڪشاپ
 ”موسمياتي تبديلي موافقت، ڏکين حالتن مان بحالي ۽ ڪميونٽي سطح تي قدرتي آفتن جي خطري جي گهٽائي“

تربيت جا مقصد

- مقامي آبادين / گهراڻن کي سي بي ڊي آر ايم ۽ ڪميونٽي جي سطح تي ماحولياتي تبديلي جي لچڪ جي اهم تصورن تي تربيت ڏيڻ لاءِ لاڳاپيل سي آر پيز جي ڄاڻ ۽ صلاحيتن کي وڌائڻ
- تربيت ۽ فيلڊ سطح تي COVID 19 ايس او پيز جي وضاحت ڪرڻ.
- مقامي آبادين / گهراڻن سان انهن اهم موضوعن تي قابليت-وڌائڻ لاءِ سي آر پيز کي گهربل اوزار ۽ مهارتون مهيا ڪرڻ
- سي آر پيز کي ڄاڻ ۽ مهارتن سان قابل ڪرڻ ته جيئن مقامي آبادين / گهراڻن کي انهن جي سکيا ۽ ڪميونٽي سطح تي ماحولياتي تبديلي جي لچڪ جي اهم تصورن تي بهترين طريقا ڪار کي ترقي ڏيڻ ۾ مدد ڏيڻ.
- انهن تربيتن جي ذريعي مقامي آبادين / گهراڻن کي آبهوا سان لاڳاپيل / موافقت واري معيشت جي حڪمت عملي ۽ آبهوا جي تبديلي سان ٺهڪندڙ زراعت ، جانورن جي انتظامڪاري ، ۽ زرعي جنگلات تي پبلڪ پرائيوٽ پارٽنرشپ لاءِ تيار ڪرڻ
- موجوده ادارتي ڍانچي ۽ آبهوا جي تبديلي / لچڪ بابت قومي پاليسين بابت مقامي آبادين جي ڄاڻ وڌائڻ ۽ حڪومتي ادارن سان سان رابطا وڌائڻ

پهريون ڏينهن

وقت	سيشن	سڪڻ جا مقصد	طريقيڪار	رسورس پرسن
0900_0830	شرڪت ڪنڌڙن جي رجسٽريشن	- سکيا ۾ شرڪت ڪندڙن جي شموليت کي يقيني بڻائڻ	شراڪتي	سرسو جو نمائندو
0905_0900	قرآن پاڪ جي تلاوت	- آفتن جي خطري جي انتظام جي موضوع تي قرآن پاڪ جون ڪجهه آيتون پڙهڻيون وينديون	شراڪتي	فرح
0935_0905	تعارف ۽ تربيت جا اصول ۽ ضابطا	- گروپ ۾ گهٽ ۾ گهٽ ٽن ساٿي شرڪت ڪندڙن جو تعارف ڪراڻ - سکيا جا اصول ۽ ضابطا - اميدون ۽ خدشا	شراڪتي	فرح
1000_0935	تربيت جا مقصد ۽ پروجيڪٽ جو تعارف	- تربيتي ڪورس بابت ڄاڻ ڏيڻ - لاڳاپيل ضلعن (شڪارپور ۽ ڪشمور) ۾ اين پي جي	پريزنٽيشن ۽ ڳالهه ٻولهه	پروجيڪٽ مئنيجر / SRSO سرسو جو نمائندو

		پي پروجيڪٽ بابت معلومات ڏيڻ		
1030_1000	تربيت کان پهرئين جو جائزو (پري-ٽيسٽ)	- شرڪت ڪنڌڙن جي سي بي ڊر آر ايم ۽ ماحولياتي تبديلي / لچڪ جي بنيادي تصورن بابت ڄاڻ حاصل جو جائزو (پري-ٽيسٽ)	پري-ٽيسٽ فارم	فرح / اعظم
1100_1030	ڪووڊ 19 جو جائزو ۽ بچاءَ جا طريقا	- ڪووڊ 19 جو جائزو - سڪيا لاءِ ڪووڊ 19 معياري طريقا - ڳوٺاڻي سطح تي گڏجاڻين، ورهاست، ۽ ڳوٺاڻي سطح تي تربيتي سيشن لاءِ ڪووڊ 19 جا معياري طريقا	پريزنٽيشن ۽ ڳالهه بوليه	فرح / اعظم
چانهه جو وقفو				1115-1100
1200-1115	آفتن جا اثر ۽ سي اي آر سي	- صحت ۽ تحفظ کي نفسياتي ۽ جسماني خطرو - بحران ۽ هنگامي خطري جي مواصلات جا اصول ۽ ڪووڊ 19 جي پيغامن سان لاڳاپو/ تعلق	پريزنٽيشن ۽ ڳالهه بوليه	فرح / اعظم
0100-1200	عالمي سطح ۽ پاڪستان ۾ آفتن جي خطري کي گهٽائڻ ۽ آفتن جي رجحانن جي وضاحت	- ڊي آر آر ، ڊي آر ايم ، سي سي اي چا آهي - ڊي آر ايم سائیکل (چڪر) - پاڪستان ۾ آبهوا جي تبديلي ڪارڻ پيدا ٿيل خطرن ۽ آفتن جا قسم ۽ تاريخ	پريزنٽيشن ۽ ڳالهه بوليه	فرح / اعظم
مانيءَ جو وقفو				0200_0100
انرجائيزر				0215_0200
0300-0215	لاڳاپيل ضلعن ۾ موسمي نقصانن ۽ خطرناڪ آفتن جا رجحان	- سنڌ ۾ آبهوا کان متاثر ٿيندڙ خطرن جا قسم ۽ تاريخ - سنڌ / ڪشمور ۽ شڪارپور ۾ آفتن جا قسم ۽ تاريخ	پريزنٽيشن ۽ ڳالهه بوليه	فرح / اعظم
0330-0300	پاڪستان ۾ بزازسٽر مئنيجمينٽ سسٽم	- قومي حڪمت عملي، پاڪستان ۾ آفتن جي انتظامڪاريءَ لاءِ قانوني فريم ورڪ (ڍانچو) - پاڪستان ۾ آفتن جي انتظامڪاريءَ لاءِ ادارا	پريزنٽيشن ۽ ڳالهه بوليه	فرح / اعظم
چانهه جو وقفو				0345-0330
0445-0345	موسمياتي تبديلي ۽ آفتن جي خطري جي گهٽائڻ سان لاڳاپيل تصور	- ماحولياتي تبديلي ۽ آفتن جي گهٽائڻ سان لاڳاپيل اهم تصورن جي ڄاڻ ۽ نفاذ (جيئن خطرا، آفتون ، ماحولياتي تبديلين سان موافقت، تحفظ ۽ گهٽائڻ	پريزنٽيشن، ڳالهه بوليه ۽ گروپ ورڪ	فرح / اعظم
0500_0445	عملي ڪم (اسائينمنٽ)	- بنيادي تصور ياد ڪرڻ		
پڄاڻي				0500

ٻيون ڏينهن				
وقت	سيشن	سڪڻ جا مقصد	طريقيڪار	رسورس پرسن
0930-0900	پهرئين ڏينهن جو ورجاءُ	پوئين ڏينهن جي سکيا کي تازو ڪرڻ	شراڪتي	فرح / اعظم
1000-0930	سي بي ڊي آر ايم (ڪميونٽي سطح تي آفتن جي خطرن جي انتظامڪاري) (CBDRM) جو عمل ۽ ان جي اهميت	<ul style="list-style-type: none"> - سي بي ڊي آر ايم جو تعارف ۽ اهميت - لچڪ ڏيکاريندڙ ڪميونٽي جي نوعيت ۽ اشارا - سي بي ڊي آر ايم جون اهم خاصيتون ۽ عنصر - سي بي ڊي آر ايم جا اصول 	پريزنٽيشن، ڳالهه ٻولهه ۽ گروپ ورڪ	فرح / اعظم
1030-1000	صنف ۽ آفتون	<ul style="list-style-type: none"> - ماحولياتي / موسمياتي تبديليءَ جا صنف تي غير متناسب اثر - زارعت ۽ خوراڪ جي حفاظت ۾ عورت جو ڪردار 	پريزنٽيشن ۽ ڳالهه ٻولهه	فرح / اعظم
1115-1030	خطرن جو شراڪتي جائزو	<ul style="list-style-type: none"> - خطري جي شراڪتي اندازي جو تعارف - خطري جي سڃاڻپ - ڳوٺائين ڪاميٽين ذريعي خطري کي منهن ڏيڻ جي صلاحيت ۽ خطري جي سڃاڻپ - ڳوٺائين ڪاميٽين ذريعي خطري جي نقشاسازي ڪرڻ 	پريزنٽيشن، ڳالهه ٻولهه ۽ گروپ ورڪ	فرح / اعظم
چانهه جو وقفو				
1130_1115	خطرن جو شراڪتي جائزو (جاري)	<ul style="list-style-type: none"> - آفتن جو تاريخي پروفائيل - موسمياتي ڪئلينڊر جي تياري - ڳوٺائين ڪاميٽين ذريعي ڪمزوريءَ جو اندازو لڳائڻ - ڳوٺائين ڪاميٽين ذريعي صلاحيتن جو اندازو لڳائڻ 	پريزنٽيشن، ڳالهه ٻولهه ۽ گروپ ورڪ	فرح / اعظم
مانيءَ جو وقفو				
0200_0100	ابتدائي خبرداري واري نظام جي ضرورت ۽ اهميت	<ul style="list-style-type: none"> - ابتدائي خبرداري واري نظام جي وضاحت - ابتدائي خبرداري واري نظام جي اهميت - معلومات تي مقامي ڪاميٽي - جلد خبرداريءَ جا ممڪن طريقا - ابتدائي خبرداري جي نظام ۾ ياد رکجنڙ ڪجهه نقطا - مقامي سطح جو ابتدائي خبرداري وارو نظام - معلومات، مواصلات ۽ ٽيڪنالاجي (آئي سي ٽي) تي مشتمل موسمياتي پيشگوئي (اڳڪٿي) جي خدمتن جو 	پريزنٽيشن، ڳالهه ٻولهه ۽ گروپ ورڪ	فرح / اعظم

		تعارف جيئن خوشحال هاري		
فرح / اعظم	پريزنٽيشن ، ڳالهه ٻولهه ، رول پلي (ڪردار ادا ڪرڻ) ۽ تخليق ڪرڻ	<ul style="list-style-type: none"> - ڳولاءِ ۽ بچاءُ ڇا آهي؟ - ڳولاءِ ۽ بچاءُ جا طريقا - ڳولاءِ ۽ بچاءُ واري ٽيم جا ڪم ۽ ذميواريون - انخلاءِ يا علائقو خالي ڪرائڻ ڇا آهي؟ - خالي ڪرڻ جو وقت - خالي ڪرائڻ لاءِ منصوبا بندي - ڳولاءِ ۽ خالي ڪرائڻ واري ٽيم جا ڪم ۽ ذميواريون 	بنيادي ڳولا، بچاءُ ۽ بازيابي	0345-0300
چانهه جو وقفو				0400-0345
فرح / اعظم	عملي مظاهرو ۽ گروپ ورڪ	<ul style="list-style-type: none"> - پاڻي بچائڻ - باهڪان بچاءُ - عمارت ڊهڻ جو بچاءُ 	ايمرجنسي رد عمل ، ڳولاءِ ، بچاءُ لاءِ عملي مظاهرو	0500-0400
پڄاڻي				
ٽيون ڏينهن				
رسورس پرسن	طريقيڪار	سکڻ جا مقصد	سيشن	وقت
فرح / اعظم	شراڪتي	پوئين ڏينهن جي سکيا کي تازو ڪرڻ	ٻئين ڏينهن جو ورجاءُ	0930-0900
فرح / اعظم	پريزنٽيشن ، ڳالهه ٻولهه ۽ گروپ ورڪ	<ul style="list-style-type: none"> - سرڪاري ادارن/ محڪمن ۽ موجوده پاليسين ۽ فريم ورڪ سان رابطا ڪاري جي ضرورت ۽ اهميت - اسٽيڪ هولڊرز جو تجزيو - آفتن جي انتظامڪاريءَ جون اختيارون - مقامي تنظيمون ۽ عملدرآمد ڪندڙ ادارا - حڪومتي ادارا - سول سوسائٽي تنظيمون 	حڪومتي ادارن سان لاڳاپا ۽ رابطاڪاري	1015-0930
فرح / اعظم	پريزنٽيشن ، ڳالهه ٻولهه ۽ گروپ ورڪ	<ul style="list-style-type: none"> - ماحولياتي تبديلي جو تعارف - ماحولياتي تبديلي ۽ لاڳاپيل ضلعن (شڪارپور ۽ ڪشمور) تي ان جا اثر - چو غريبن کي ماحولياتي تبديليءَ وڌيڪ نقصان ٿئي ٿو؟ - ڪميونٽي سطح تي ماحولياتي تبديليءَ سان موافقت ڇا آهي؟ - ماحولياتي خطري جي چڪر جي انتظامڪاري 	ڪميونٽي سطح تي موسمياتي تبديلي ۽ ان جي اثرن کي گهٽائڻ	1100-1015

		<ul style="list-style-type: none"> - سي سي اي ۾ استعمال ٿيندڙ اوزار / ٽولز - موافقت وارين سرگرمين جي سڃاڻپ ۽ منصوبا بندي 		
چانهه جو وقفو				1115_1100
فرح / اعظم	پريزنٽيشن ، ڳالهه ٻولهه ۽ گروپ ورڪ	<ul style="list-style-type: none"> - سماجي تحفظ جي تصور جي وضاحت - پاڪستان ۾ سماجي تحفظ جا پروگرام ۽ دستياب آلاتن جي ضرورت ۽ اهميت - سماجي پلائي ، سماجي پاليسي ۽ سماجي تحفظ - پاڪستان ۾ موجود سماجي تحفظ جا پروگرام 	<ul style="list-style-type: none"> - پاڪستان ۾ سماجي تحفظ جي - پروگرامن ۽ موجود ذريعن جي - اهميت ۽ ضرورت 	1215_1115
فرح / اعظم	پريزنٽيشن ، ڳالهه ٻولهه ۽ گروپ ورڪ	<ul style="list-style-type: none"> - آبھوا / ماحولياتي تبديلي سان مطابقت رکندڙ معيشت/ گذران ڇا آھي؟ - آبھوا / ماحولياتي تبديلي سان مطابقت رکندڙ معيشت/ گذر سفر/ روزي ڇو؟ - پائيدار گذر سفر/ روزيءَ جون حڪمت عمليون - گھڻ رخي معيشت / روزگار 	<ul style="list-style-type: none"> - موسمياتي تبديليءَ کي منهن ڏيڻ - ۽ روزگار جي موقعن کي هٿي - ڏيڻ 	0100_1215
مانيءَ جو وقفو				0200_0100
فرح / اعظم	پريزنٽيشن ، ڳالهه ٻولهه ۽ گروپ ورڪ	<ul style="list-style-type: none"> - تحفظ - موسمياتي ڪنٽينبر هڪ اهم اوزار / ٽول - مضبوط ڪرڻ - تعاون لاءِ مقامي سرڪاري ادارن کي ڳالهين ۾ شامل ڪرڻ 	<ul style="list-style-type: none"> - موسمياتي تبديليءَ کي منهن ڏيڻ - ۽ روزگار جي موقعن کي هٿي - ڏيڻ (جاري) 	0230_0200
فرح / اعظم	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ	<ul style="list-style-type: none"> - موسمي / ماحولياتي تبديلي سان ٺهڪندڙ / لچڪدار پوکائيءَ / زراعت ڇا آھي؟ - آبھوا سان ٺهڪندڙ سمارٽ زراعت/ پوکائي (CSA) - هڪ اڀرندڙ نظريو / طريقو - آبھوا سان ٺهڪندڙ سمارٽ زراعت/ پوکائي (CSA) جي اهميت ۽ فائدا - آبھوا سان ٺهڪندڙ سمارٽ ڳوٺ / فارم جا مختلف پهلو (جيئن موسم ، پاڻي ، توانائي ، نائٽروجن ، ڪاربان ، ڇاڻ وارا زرعي طريقا) - آبھوا سان ٺهڪندڙ سمارٽ زرعي طريقن بابت شراڪتي ڳالهه ٻولهه ۽ ڳوٺاڻي سطح تي بهترين ممڪن سرگرميون جوڙڻ 	<ul style="list-style-type: none"> - موسمياتي تبديليءَ سان ٺهڪندڙ - سمارٽ پوک ڪرڻ 	0400-0230

		<ul style="list-style-type: none"> - آبھو سان ٺھڪندڙ سمارٽ زراعت لاءِ پُڻ ۽ پُل فصل جا طريقا - آبھو سان ٺھڪندڙ سمارٽ پُڻ پُل طريقو گھڻين ئي رڪاوٽن کي حل ڪري ٿو 		
چانهه جو وقفو				0415-0400
فرح / اعظم	پريزنٽيشن ، ڳالهه بولھه ، گروپ ورڪ	<ul style="list-style-type: none"> - گھڻ خاصيتي فصل يا فصل جي تنوع (crop diversification) ما چا مُراد آھي؟ - گھڻ خاصيتي فصل / فصل جي تنوع (crop diversification) جا مقصد ۽ فائدا - ٻوڏ ۽ ڏڪار سان مزاحمت/ ٺھڪندڙ فصلن ما چا مُراد آھي؟ - اسان مزاحمتي فصلن جي قسمن کي ڇو فروغ ڏيون؟ - لاڳاپيل ضلعن (شڪارپور ۽ ڪشمور) ۾ ٻوڏ ۽ ڏڪار سان مزاحمت ڪندڙ فصلن جا ممڪن قسم 	فصلن جي توسيع، ٻوڏ ۽ ڏڪار کي منهن ڏيندڙ مزاحمتي فصلن جو تعارف	0500-0415
پڄاڻي				
چوٿون ڏينھن				
رسورس پرسن	طريقيڪار	سکڻ جا مقصد	سپيشن	وقت
فرح / اعظم	شراڪتي	ٻوٽن ڏينھن جي سکيا کي تازو ڪرڻ	ٽئين ڏينھن جو ورجاءُ	0930 0900
فرح / اعظم	پريزنٽيشن ، ڳالهه بولھه ، گروپ ورڪ	<ul style="list-style-type: none"> - ڦريون چا آهن؟ - مٽيءَ جي زرخيزيءَ کي وڌائڻ لاءِ ڦرين جا فائدا - فصلن جي پوکائي جي چڪر ۾ ڦرين کي فروغ ڏيڻ طريقا 	فصلن جي ڦيري ۾ ڦرين / دالين جو فروغ	1015-0930
فرح / اعظم	پريزنٽيشن ، ڳالهه بولھه ، گروپ ورڪ	<ul style="list-style-type: none"> - فارم تي پاڻيءَ جو انتظام ڇا آھي؟ - مٽيءَ جي انتظامڪاري جي وضاحت - پاڻي ۽ مٽيءَ جي انتظامڪاريءَ جي ترڪيب جا مقصد - پاڻي ۽ مٽيءَ جي انتظامڪاريءَ جون ڪجهه عام ترڪيبون - لاڳاپيل ضلعن (شڪارپور ۽ ڪشمور) ۾ پاڻي ۽ مٽيءَ جي انتظامڪاريءَ ۽ آبپاشيءَ جا طريقا 	بھتر زمين، پاڻيءَ جو انتظام ۽ آبپاشيءَ جي ٽيڪنالاجي	1100-1015
چانهه جو وقفو				1115_1100

1215-1115	فصلن جي نمونن ۽ ڦيري (سائیکل) ۾ تبديلي	- فصلن جي نمونن ۽ چڪر ۾ تبديليءَ جي تصور جي وضاحت - فصلن جي نمونن ۽ چڪر ۾ تبديليءَ جا مقصد - لاڳاپيل ضلعن (شڪارپور ۽ ڪشمور) ۾ فصلن جي نمونن ۽ چڪر ۾ تبديليءَ جا ممڪن طريقا	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ	فرح / اعظم
0100-1215	گهريلو سطح تي باغباني	- گهريلو سطح تي رٿي / بورڊچيخاني جي باغبانيءَ جو تعارف - شروعاتي منصوبابندي - پاڇين جي چونڊ (گرمين ۽ سردين جون جنسون) - زمين جي تياري - پوکڻ جو طريقو	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ	فرح / اعظم
مانيءَ جو وقفو				
0200-0100	گهريلو سطح تي باغباني (جاري)	- پاڻ لاءِ مشورا - پاڻي ڏيڻ - صفائي ڪرڻ / گڏ ڪرڻ - جيت ۽ بيماريون - فصل ۽ پيداوار	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ	فرح / اعظم
ڄانهه جو وقفو				
0330-0315	پاڻيءَ جي تحفظ ۽ انتظام جو تصور	- پاڻي جمع ڪرڻ، محفوظ رکڻ ۽ انتظامڪاريءَ جو تصور - پاڻي جمع ڪرڻ مان ڇا مراد آهي؟ - پاڻي جمع ڪرڻ، محفوظ رکڻ ۽ انتظامڪاريءَ جا مقصد ۽ فائدا - شڪارپور ۽ ڪشمور ۾ پاڻي جمع ڪرڻ، محفوظ رکڻ ۽ انتظامڪاريءَ جا طريقا	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ	فرح / اعظم
پڄاڻي				
0500				
پنجون ڏينهن				
وقت	سيشن	سڪڻ جا مقصد	طريقيڪار	رسورس پرسن
0930_0900	چوٿين ڏينهن جو ورجاءُ	پوئين ڏينهن جي سکيا کي تازو ڪرڻ	شراڪتي	فرح / اعظم
1100_0930	موسمياتي تبديليءَ جي اثرن کي	- موسمي تبديلي ۾ بيلن جي گهٽتائيءَ جو ڪردار ۽	پريزنٽيشن ، ڳالهه ٻولهه	فرح / اعظم

	گهٽ ڪرڻ لاءِ بهتر وڻڪاري / بيلا لڳائڻ	اهميت - وڻڪاري ۽ بيلن کي وڌائڻ جي ضرورت ڇو آهي؟ - وڻ ٿڻ / بيلن کي ڪيئن وڌائي سگهجي ٿو؟ - لاڳاپيل ضلعن (شڪارپور ۽ ڪشمور) ۾ وڻ ٿڻ ۽ بيلا وڌائڻ لاءِ صلاحون/ مشورا	، گروپ ورڪ
چانهه جو وقفو			1115_1100
0100_1115	موسمياتي تبديليءَ سان ٺهڪندڙ / موسمي مزاحمتي جانورن جي سار سنڀال جون حڪمت عمليون	- موسمي تبديليءَ جا چوپائي مال تي اثر - چوپائي مال جو موسمي تبديليءَ تي اثر - موسمي تبديليءَ جي اثرن سان موافقت ۽ گهٽائڻ جا عمل	پريزنٽيشن ، ڳالهه بوليه ، گروپ ورڪ
مانيءَ جو وقفو			0200_0100
0300_0200	بهتر خوراڪ جا طريقا ۽ چاري جو انتظام	- چاري جي پيداوار ۾ جديد رجحان - موسمي تبديليءَ سان موافقت رکندڙ گهٽ فصلي چاري جا قسم - چاري کي محفوظ ڪرڻ جا فائدا - چاري کي محفوظ ڪرڻ جا طريقا - لاڳاپيل ضلعن (شڪارپور ۽ ڪشمور) ۾ چوپائي مال کي بهتر کاتو ڪرائڻ ۽ چاري جي انتظام لاءِ تجويرون	پريزنٽيشن ، ڳالهه بوليه ، گروپ ورڪ
چانهه جو وقفو			0315-0300
0500_0315	نسل جي بهتري ۽ تغير يا مختلف قسم جا نسل	- نسل ۾ بهتريءَ جون مهارتون / طريقا - نسل جي بهتري ۽ گهٽ خاصيتي هجڻ جا فائدا - لاڳاپيل ضلعن (شڪارپور ۽ ڪشمور) ۾ چوپائي مال جي نسل ۾ بهتري ۽ گهٽ خاصيتي هجڻ لاءِ تجويرون	پريزنٽيشن ، ڳالهه بوليه ، گروپ ورڪ
پڄاڻي			0500
جهون ڏينهن			
وقت	سيشن	سڪڻ جا مقصد	طريقيڪار
0930_0900	پنجين ڏينهن جو ورجاءُ	پوئين ڏينهن جي سکيا کي تازو ڪرڻ	شراڪتي
1030_0930	حفاظتي ٽڪا (ويڪسينيشن) ۽ جراثيم / ڪيڙن کي مارڻ (ڊي وارمنگ)	- وئڪسينيشن ڇو ضروري آهي؟ - دستياب / موجود وئڪسينيشن جا قسم - بيماريءَ جي وئڪسينيشن ۽ ٽائيم چارٽ	پريزنٽيشن ، ڳالهه بوليه ، گروپ ورڪ

1200_1030	محفوظ ۽ بهتر پوک ڪرڻ	- ڪيڙي مار / جراثيم ڪُڻڻ دوائون ۽ انهن جي باقيات ڪي محفوظ طريقي سان سنڀالڻ - صحت و صفائي ڪي فوڱ ڏيڻ - گهرن ۽ ٻنين / فصلن جي گند ڪڍڻ واري مواد جو انتظام وغيره	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ	فرح / اعظم
چانهه جو وقفو				
1115_1100				
0100_1200	جانورن جي چراگاهه / چاري جي ميدانن جي انتظامڪاري	- گاهه واري زمين ۽ چراگاهه جو تعارف - مال جي چاري لاءِ گاهه واري زمين ۽ چراگاهه جو انتظام ڪيئن ڪجي؟	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ	فرح / اعظم
مانيءَ جو وقفو				
0200_0100				
0400_0200	جانورن جي چراگاهه / چاري جي ميدانن جي انتظامڪاري (جاري)	- گروپ پريزنٽيشن	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ	فرح / اعظم
چانهه جو وقفو				
پڄاڻي				
ستون ڏينهن				
	وقت	سپيشن	سڪڻ جا مقصد	طريقيڪار
	0930_0900	ڇهين ڏينهن جو ورجاءُ	پوئين ڏينهن جي سکيا کي تازو ڪرڻ	شراڪتي
	1015_0930	فيلڊ سطح جي تربيت ۽ تربيتي ڦيرو	- ٽريننگ سائيڪل - تربيتي ورڪشاپ جي تياري / منصوبابندي - سٺي سهولتڪار يا ٽرينر جون خاصيتون - سهولتڪار / ٽرينر جون مهارتون ۽ طريقيڪار	پريزنٽيشن ، ڳالهه ٻولهه ، گروپ ورڪ
	1100_1015	زراعت جي شعبي واري ٽيڪنيڪل ماهر طرفان تجربا ونڊڻ	شرڪت ڪندڙ تجرباتي سکيا ذريعي مربوط فارم مئنيجمينٽ جي طريقن بابت ڄاڻ سکڻ کي قابل ٿي ويندا	پريزنٽيشن ۽ ڳالهه ٻولهه
	چانهه جو وقفو			
	1215_1115	فيلڊ / ڪميونٽي سطح جي سکيا جو منصوبو جوڙڻ	- هر شرڪت ڪندڙ پنهنجي فيلڊ / ڪميونٽي سطح جي سکيا جو منصوبو جوڙيندو ۽ پنهنجي انتظاميا (مئنيجمينٽ) سان شيئر ڪندو - گروپ فوٽو	شراڪتي
				سرسو SRSO سرسو جو نمائندو

فرح / اعظم	شرکت کنڈرژن جي جائزي وارو فارم	هيٺ ڏنل نقطن جي بنياد تي شرکت کنڈرژن جو جائزو ورتو ويندو - مواد کي سمجھڻ - ڄاڻ کي عملي طور استعمال ڪرڻ - تربيت يا سکيا ۾ شرکت - پيشوراڻو رويو - وقت جي پابندي	سهولتڪار / ٽرينر طرفان شرکت کنڈرژن جو جائزو	0100_1215
مانيءَ جو وقفو				0200_0100
فرح / اعظم	پوسٽ ٽيسٽ ۽ تربيتي جائزي جا فارم	- نئين ڄاڻ حاصل ڪرڻ - سکيا بابت راءِ ڏيڻ	تربيت کان پوءِ وارو جائزو (پوسٽ ٽيسٽ)	0300_0200
ڄانهه جو وقفو				0315_0300
SRSO سروسو جو نمائندو	شراڪتي	- ٽريننگ جو جائزو ۽ راءِ - سرٽيفڪيٽ ۽ گروپ فوٽو جي ورهاست - مهرباني	پُڄاڻيءَ واري تقريب	0400_0315
سکيا جي پُڄاڻي				0400

TRAINING ATTENDANCE:



IFAD
Investing in rural people

National
Poverty
Graduation
Programme



SINDH RURAL SUPPORT ORGANIZATION
National Poverty Graduation Program (NPGP)
7 - Day Training of Trainers (CBDRM)
26 DEC to 01Jan, 2023 Kundan Hotel, Shikarpur

Registration & Attendance of Training Participants

Sr.	Name of Training Participant	Name of Father / Husband	UC	Cell No.	Signature							
					Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
1	Amara Hakim Zaidi	Maji Gulzar	Enari Yasir	0325-2624982	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
2	NIGHT PARVEEN	RUSTUM ALE	Enari Yasir	0326-5968343	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
3	NIHAL KUMAR DAGO	MUKHTAR AHMED	JAGGAN	0319-7850332	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
4	SHAHINA ALE MAMOOD	MUHAMMAD SALIM	Enari Yasir	0312-8510367	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
5	M. ERODHEEM BROS	KARAZ KHAN	CHATO MANSI	0303-3166200	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
6	MARIASIS ALE	MUHAMMAD SHADIQUE	KANAMPUR	0311-3604579	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
7	MUDASSAR NOOR	NOOR NABI		0334-3193229	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
8	SAYYID ALE BARYO	MUHAMMAD SHADIQUE	KANAR SHARIF	0308-3196877	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
9	ZAFAR HUSSAIN	AMRULLAH	Enari Yasir	0304-8201766	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]

[Handwritten notes and signatures in the left margin]

Sr.	Name of Training Participant	Name of Father / Husband	UC	Cell No.	Signature							
					Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
10	IRFAN ALE	MISRI KHAN	JAGGAN	0300-3295732	[Signature]	[Signature]	-	-	-	-	-	-
11	BIZAR ALE RANDEJO	DILLIAR RANDEJO	CHATO MANSI	0308-8470582	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
12	ZAMAN ALE	KAMRAN BUA	BHAMBIYAN	0309-3890740	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
13	MUHAMMAD ZAFAR	MUHAMMAD USMAN	SALAMATI	0304-0200330	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
14	MUSAZZA ALE	EUL MUHAMMAD	UC-II	0334-236805	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
15	IRFAN	ALE MUHAMMAD	DUNIYA PUN	0306-2691033	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
16	ALIYA	ABDULLAH		0333-728193	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
17	JANIYA	TAGYO KHAN		0334-6361407	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
18	NARAFENA BANO	MUNEER AHMED	LUDA	0333-6365952	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
19	TAMMINA	AMRULLAH	JAGGAN	03498441388	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
20	SHAZIA	MUNOOR AHMED		0333-7362890	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
21	NISAR AHMED	SHAMSO KHAN		0315-3794583	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
22	QURBAN ALI	TAREK KHAN	DUNIYA PUN	0307-7645191	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
23	ALI KHAN	SAMRAN DAZ KHAN	ALMISAO	0304-8283906	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]

[Handwritten notes and signatures in the left margin]

Sr.	Name of Training Participant	Name of Father / Husband	UC	Cell No.	Signature						
					Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
24	Abdullah	ABDUL KUMAR		0312-24 61405	✓	✓	✓	✓	✓	✓	✓
25	Qudus Hussain	Qudus Rasool	DOME WALI	0333-2212444	✓	✓	✓	✓	✓	✓	✓
26	Ashiq Ali	Qudus	DOME WALI	0333-6733307	✓	✓	✓	✓	✓	✓	✓
27	Shahin Ali	M. SIMBARI	DOME WALI	0305-3098500	✓	✓	✓	✓	✓	✓	✓
28											
29											
30											

Attendance Taken By Training Consultant

Name Muhammad Nazam Raheem

Signature [Signature]

Verified By Training Coordinator

Name Zubair Soomro

Signature [Signature]

PICTURE GALLERY



Consultant during group work guiding the participants



Participant delivering field training Mock session



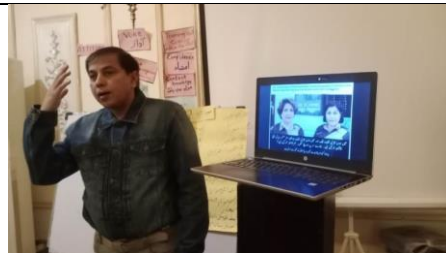
District Manager NPGP SRSO expressing his view



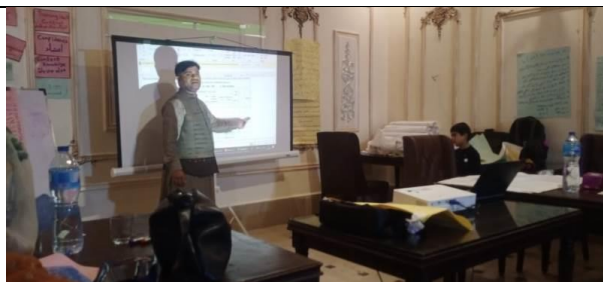
Certificate distribution ceremony



Group work



Video displaying on gender role during session



Co facilitator assigning group tasks



Participants during evacuation Mock exercise